

# South Bay USD

**Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values**  
**South Bay Elementary Lunch**

**Jan 31, 2012**

**Page 1**

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 02/01/2012</b>																
South Bay Elementary Lunch	Total	4														
CHILI CHEESE FRIES	8 OZ	2	352	53	343	3.63	2.46	246.1	727	145	20.6	18.53	35.09	16.57	8.54	*0.00
RAISINS	box	4	129	0	5	1.59	0.81	21.5	0	0	0.99	1.32	34.05	0.2	0.03	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	4	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
PBJ- HOUSE MADE	1 EACH	1	399	0	410	4.06	2.18	59.0	1	0	0.19	11.1	48.42	17.98	3.07	*0.00
CHILI DOG	1 EACH	1	313	56	828	2.41	3.37	149.4	406	81	7.25	16.87	28.68	14.26	4.10	*0.36
Weighted Daily Average			680	41	638	6.34	3.58	553.3	1404	236	30.03	27.08	112.36	16.77	6.16	*0.09
% of Calories												15.9%	66.1%	22.2%	8.2%	*0.1%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			102%				102%	193%	125%		200%	271%				

<b>Thu - 02/02/2012</b>																
South Bay Elementary Lunch	Total	4														
TACO SALAD	SERVINGS	2	296	46	590	3.20	2.48	201.0	672	134	8.39	18.37	20.11	16.17	5.78	*N/A*
CORN: frozen, yellow	.5 CUP	4	67	0	1	1.98	0.39	2.5	164	18	2.89	2.1	15.92	0.55	0.08	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	4	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
GRILLED CHICKEN TACO SALAD	SERVINGS	1	232	64	1070	4.75	3.12	224.9	1181	168	5.96	20.81	23.57	10.34	3.52	*0.00
PBJ- HOUSE MADE	1 EACH	1	399	0	410	4.06	2.18	59.0	1	0	0.19	11.1	48.42	17.98	3.07	*0.00
Weighted Daily Average			570	39	818	7.10	3.11	530.7	1734	270	25.50	28.76	85.46	15.94	4.69	*0.00
% of Calories												20.2%	59.9%	25.2%	7.4%	*0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			86%				89%	186%	155%		170%	288%				
Shortfall			94				0.39									

<b>Fri - 02/03/2012</b>																
South Bay Elementary Lunch	Total	5														
PIZZA, CHEESE TNY SMART 4X6	1 EACH	3	310	22	574	2.02	2.52	293.6	334	67	0.57	18.2	33.03	11.49	5.21	*N/A*
GRANOLA BAR, OAT AND HONE	1 EACH	1	132	0	82	1.48	0.83	17.1	42	4	0.25	2.83	18.03	5.54	0.66	*N/A*
CINNAMON APPLES	.33 CUP	5	67	0	2	1.79	0.21	12.1	17	3	0.3	0.23	17.34	0.24	0.04	*0.00
FRUIT,FRESH ASSORTED	1 EACH	5	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	5	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
PBJ	1 Each	1	543	0	535	5.25	3.05	105.5	0	0	1.86	17.86	51.02	29.7	5.76	*0.00

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data

**1** - denotes optional nutrient values

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# South Bay USD

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			585	14	622	5.66	2.65	569.5	1164	187	17.94	24.79	92.45	14.40	4.53	*0.00
% of Calories												16.9%	63.2%	22.2%	7.0%	*0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			88%				76%	199%	104%		120%	248%				
Shortfall			79				0.85									

Mon - 02/06/2012																
South Bay Elementary Lunch	Total	4														
HOTDOG/BUN	SERVING	3	272	26	953	2.06	2.02	110.3	56	6	0.91	13.15	19.94	14.67	3.43	*0.00
CRACKERS	4 EACH	4	51	0	134	0.35	0.62	2.5	0	0	0.0	1.14	8.92	1.06	0.24	0.05
BAKED BEANS (VEGETARIAN)	SERVINGS	4	159	0	532	6.99	0.85	86.0	360	72	7.79	6.77	35.98	0.64	0.16	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	4	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
PBJ- HOUSE MADE	EACH	1	399	0	410	4.06	2.18	59.0	1	0	0.19	11.1	48.42	17.98	3.07	*0.00
Weighted Daily Average			710	20	1635	11.22	3.68	542.7	1341	219	25.40	30.04	113.45	17.42	3.81	*0.05
% of Calories												16.9%	63.9%	22.1%	4.8%	*0.1%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			107%				105%	190%	120%		169%	300%				

Tue - 02/07/2012																
South Bay Elementary Lunch	Total	4														
SPAGHETTI AND MEAT SAUCE	1 CUP	2	322	126	312	2.98	3.94	42.2	6	135	5.36	21.23	34.22	10.71	4.39	*N/A*
BREADSTICK, SOFT FRENCH	1 EA	4	130	0	250	1.00	1.80	0.0	0	0	0.0	4.0	27.0	0.5	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	4	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
PBJ- HOUSE MADE	1 EACH	1	399	0	410	4.06	2.18	59.0	1	0	0.19	11.1	48.42	17.98	3.07	*0.00
Weighted Daily Average			589	64	661	4.82	4.47	392.5	942	210	19.60	26.89	97.70	10.57	3.04	*0.00
% of Calories												18.3%	66.4%	16.2%	4.6%	*0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			89%				128%	137%	84%		131%	269%				
Shortfall			75						178							

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**South Bay Elementary Lunch**

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Wed - 02/08/2012</b>																
South Bay Elementary Lunch	Total	2														
CHICKEN FAJITAS	1 EACH	1	241	51	284	1.80	2.10	54.0	240	48	6.7	21.99	23.37	6.28	1.40	*N/A*
RICE, WHITE	servings	2	262	0	194	1.28	3.39	18.9	0	0	0.0	5.22	57.03	0.53	0.13	*0.00
FRUIT,FRESH ASSORTED	1 EACH	2	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	2	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
BEAN AND CHEESE BURRITO	SERVING	1	310	10	580	9.00	2.70	200.0	400	80	3.6	16.0	40.0	9.0	4.00	0.00
Weighted Daily Average			735	31	778	7.99	5.94	502.6	1258	207	22.03	33.71	130.20	8.39	2.90	*0.00
% of Calories												18.4%	70.9%	10.3%	3.6%	*0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			111%				170%	176%	112%		147%	337%				

<b>Thu - 02/09/2012</b>																
South Bay Elementary Lunch	Total	4														
OVEN ROASTED CHICKEN	SERVINGS	2	518	190	701	0.00	3.05	30.5	495	99	0.0	53.33	0.0	29.71	8.38	*0.00
STEAMED RICE	1/2 CUP	4	43	0	96	0.11	0.49	2.8	0	0	0.0	0.78	9.4	0.07	0.02	*0.00
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	4	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
PBJ	1 Each	1	543	0	535	5.25	3.05	105.5	0	0	1.86	17.86	51.02	29.7	5.76	*0.00
BARBECUED CHICKEN	SERVINGS	1	295	86	476	0.49	1.60	27.0	492	98	5.09	27.25	15.82	13.43	3.73	*N/A*
Weighted Daily Average			709	117	852	2.85	3.33	407.9	1309	217	18.62	48.22	67.60	25.93	6.65	*0.00
% of Calories												27.2%	38.1%	32.9%	8.4%	*0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			107%				95%	143%	117%		124%	482%				
Shortfall							0.17							OVER		

<b>Fri - 02/10/2012</b>																
South Bay Elementary Lunch	Total	4														
CHICKEN NUGGETS	5 PC	3	245	45	809	1.10	1.85	22.3	166	36	0.63	14.06	21.02	12.05	2.50	*0.00
GRANOLA BAR, CHOCO CHIP	1 EACH	4	123	0	61	0.77	1.38	0.0	575	115	0.0	1.53	19.92	3.83	1.53	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
Milk, variety	CUP	4	156	8	151	1.21	0.66	290.4	490	147	2.18	8.1	25.68	0.05	0.03	*0.00
PBJ	1 Each	1	543	0	535	5.25	3.05	105.5	0	0	1.86	17.86	51.02	29.7	5.76	*0.00

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Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values

Jan 31, 2012

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## South Bay Elementary Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			638	41	957	5.42	4.34	342.1	1628	330	18.85	25.17 15.8%	84.40 52.9%	20.52 29.0%	4.92 6.9%	*0.00 *0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			96%				124%	120%	145%		126%	252%				
Shortfall			26													

Mon - 02/13/2012																
South Bay Elementary Lunch	Total	4														
NACHOS	6 OZ	3	320	3	743	2.47	1.87	112.9	311	62	2.27	5.49	37.58	16.24	3.99	*0.00
APPLE CRISP	SERVINGS	4	200	0	113	2.30	0.99	20.0	350	70	0.49	1.94	31.75	7.97	1.59	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	4	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
PBJ- HOUSE MADE	1 EACH	1	399	0	410	4.06	2.18	59.0	1	0	0.19	11.1	48.42	17.98	3.07	*0.00
Weighted Daily Average % of Calories			738	3	925	6.47	3.09	476.1	1522	259	19.12	18.33 9.9%	113.52 61.6%	24.87 30.3%	5.42 6.6%	*0.00 *0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			111%				88%	166%	136%		127%	183%				
Shortfall							0.41							OVER		

Tue - 02/14/2012																
South Bay Elementary Lunch	Total	4														
SALISBURY STEAK	SERVINGS	2	186	63	156	0.80	2.00	40.0	47	9	0.5	16.67	5.95	10.18	4.22	*N/A*
MASHED POTATO/GRAVY	.5 CUP	4	29	2	74	0.25	0.04	11.7	57	7	1.25	0.41	3.53	1.43	0.55	*N/A*
CRACKER, ANIMAL	1 OZ	4	117	0	72	0.45	1.05	6.2	0	0	0.0	2.01	23.76	1.64	0.26	0.00
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	4	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
PBJ- HOUSE MADE	1 EACH	1	399	0	410	4.06	2.18	59.0	1	0	0.19	11.1	48.42	17.98	3.07	*0.00
OVEN FRIED CHICKEN	SERVINGS	1	343	87	104	0.30	1.76	75.0	201	40	0.39	29.35	9.66	19.98	4.65	*N/A*
Weighted Daily Average % of Calories			622	55	505	3.51	3.23	428.1	1069	165	18.52	30.37 19.5%	86.27 55.5%	17.88 25.9%	4.92 7.1%	*0.00 *0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			94%				92%	150%	95%		123%	304%				
Shortfall			42				0.27		51							

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<b>Wed - 02/15/2012</b>																
South Bay Elementary Lunch	Total	2														
GRILLED CHICKEN TACO SALAD	SERVINGS	1	232	64	1070	4.75	3.12	224.9	1181	168	5.96	20.81	23.57	10.34	3.52	*0.00
RICE, WHITE	servings	2	262	0	194	1.28	3.39	18.9	0	0	0.0	5.22	57.03	0.53	0.13	*0.00
FRUIT,FRESH ASSORTED	1 EACH	2	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	2	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
SALAD BAR, SOUTH BAY	3 OZ	2	70	6	375	0.78	0.46	39.1	906	103	7.08	4.45	6.64	2.8	0.54	*0.00
CHICKEN FAJITAS	1 EACH	1	241	51	284	1.80	2.10	54.0	240	48	6.7	21.99	23.37	6.28	1.40	*N/A*
Weighted Daily Average			766	64	1399	6.65	6.61	554.2	2555	353	30.29	40.57	128.62	11.86	3.20	*0.00
% of Calories												21.2%	67.2%	13.9%	3.8%	*0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			115%				189%	194%	228%		202%	406%				

<b>Thu - 02/16/2012</b>																
South Bay Elementary Lunch	Total	4														
LASAGNA WITH GROUND BEEF	SERVINGS	2	269	34	406	2.29	2.64	304.0	910	182	16.3	19.87	28.34	8.69	4.69	*N/A*
BREADSTICK, SOFT GARLIC HER	1 EACH	4	116	0	222	0.90	1.40	10.8	15	3	0.0	3.8	20.4	2.4	0.40	*N/A*
GREEN BEANS: frozen,boiled	.5 CUP	4	19	0	1	2.03	0.45	28.4	376	27	2.77	1.01	4.35	0.11	0.03	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
Milk, variety	CUP	4	156	8	151	1.21	0.66	290.4	490	147	2.18	8.1	25.68	0.05	0.03	*0.00
PBJ- HOUSE MADE	EACH	1	399	0	410	4.00	2.18	59.0	1	0	0.19	11.1	48.42	17.98	3.07	*0.00
CHICKEN PARMESAN PATTY	1 EA	1	257	63	797	*0.06	2.09	129.2	269	54	1.11	18.02	15.01	13.1	3.84	0.00
Weighted Daily Average			629	40	882	*7.61	5.04	537.2	1842	323	29.15	30.65	90.74	14.85	4.57	*0.00
% of Calories												19.5%	57.7%	21.2%	6.5%	*0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			95%				144%	188%	164%		194%	307%				
Shortfall			35													

<b>Fri - 02/17/2012</b>																
South Bay Elementary Lunch	Total	1														
CHICKEN PATTY/BUN	5 OZ	1	423	53	601	2.17	3.95	112.1	638	57	6.68	17.76	36.71	23.31	4.20	*N/A*
Granola Bar, Soft Chocolate	1.5 oz	1	117	0	50	1.06	0.61	11.5	0	1	0.0	1.58	19.66	4.64	1.70	*N/A*
FRUIT,FRESH ASSORTED	2 EACH	1	81	0	8	2.63	0.31	17.2	877	81	31.45	1.05	20.56	0.34	0.08	*N/A*
MILK -SBUSD	8 FL OZ	1	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*

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# South Bay USD

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values  
South Bay Elementary Lunch

Jan 31, 2012

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			778	54	807	5.86	4.87	488.9	2015	242	39.29	29.36 15.1%	108.13 55.6%	28.34 32.8%	6.01 6.9%	*N/A*
Nutrient Guideline % of Guideline Satisfied			664 117%				3.50 139%	286.00 171%	1120 180%		15.00 262%	10.00 294%		<=30.0	<10.00	
Shortfall														OVER		

Mon - 02/20/2012																
South Bay Elementary Lunch NO SCHOOL TODAY	Total SERVING	1														
Weighted Daily Average % of Calories		1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.0	0.00	0.00	0.00	0.00
Nutrient Guideline % of Guideline Satisfied			664 0%				3.50 0%	286.00 0%	1120 0%		15.00 0%	10.00 0%		<=30.0	<10.00	
Shortfall			664				3.50	286.00	1120		15.00	10.00		OVER	OVER	

Tue - 02/21/2012																
South Bay Elementary Lunch NO SCHOOL TODAY	Total SERVING	1														
Weighted Daily Average % of Calories		1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.0	0.00	0.00	0.00	0.00
Nutrient Guideline % of Guideline Satisfied			664 0%				3.50 0%	286.00 0%	1120 0%		15.00 0%	10.00 0%		<=30.0	<10.00	
Shortfall			664				3.50	286.00	1120		15.00	10.00		OVER	OVER	

Wed - 02/22/2012																
South Bay Elementary Lunch NO SCHOOL TODAY	Total SERVING	1														
Weighted Daily Average % of Calories		1	0	0	0	0.00	0.00	0.0	0	0	0.00	0.0	0.00	0.00	0.00	0.00
Nutrient Guideline % of Guideline Satisfied			664 0%				3.50 0%	286.00 0%	1120 0%		15.00 0%	10.00 0%		<=30.0	<10.00	
Shortfall			664				3.50	286.00	1120		15.00	10.00		OVER	OVER	

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# South Bay USD

## Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values South Bay Elementary Lunch

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Thu - 02/23/2012</b>																
South Bay Elementary Lunch	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			664				3.50	286.00	1120		15.00	10.00		OVER	OVER	

<b>Fri - 02/24/2012</b>																
South Bay Elementary Lunch	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories											0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			664				3.50	286.00	1120		15.00	10.00		OVER	OVER	

<b>Mon - 02/27/2012</b>																
South Bay Elementary Lunch	Total	4														
CORNDOG (TURKEY)	1 EACH	3	187	25	628	0.03	1.86	62.5	56	6	0.91	7.18	20.62	9.09	2.51	*0.00
GREEN SALAD	1 CUP	4	80	5	348	1.80	0.73	37.3	688	43	13.01	1.53	11.16	3.91	0.41	*0.02
CRACKERS, GRAHAM	PKG	4	102	0	90	0.53	1.98	10.0	250	50	3.0	1.56	18.32	2.76	0.68	0.00
FRUIT, FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
Milk, variety	CUP	4	156	8	151	1.21	0.66	290.4	490	147	2.18	8.1	25.68	0.05	0.03	*0.00
PBJ	1 Each	1	543	0	535	5.25	3.05	105.5	0	0	1.86	17.86	51.02	29.7	5.76	*0.00
Weighted Daily Average			654	31	1198	6.20	5.68	419.5	1908	286	35.07	21.58	93.66	21.13	4.48	*0.02
% of Calories											13.2%		57.2%	29.1%	6.2%	*0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			99%				162%	147%	170%		234%	216%				
Shortfall			10													

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# South Bay USD

**Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values**  
**South Bay Elementary Lunch**

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Tue - 02/28/2012</b>																
South Bay Elementary Lunch	Total	4														
CHICKEN NUGGETS	OZ SERVING	2	312	51	555	1.25	0.86	11.8	85	17	56.7	14.29	13.66	22.09	5.33	*N/A*
Granola Bar, Soft Chocolate	1.5 oz	4	117	0	50	1.06	0.61	11.5	0	1	0.0	1.58	19.66	4.64	1.70	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK -SBUSD	8 FL OZ	4	157	0	148	0.00	0.00	348.1	500	102	1.15	8.97	31.21	0.05	0.03	*N/A*
CHICKEN BURGER	1 EACH	1	387	55	1361	1.29	3.93	117.2	191	32	1.17	20.77	45.89	13.07	2.53	*0.00
PBJ- HOUSE MADE	1 EACH	1	399	0	410	4.06	2.18	59.0	1	0	0.19	11.1	48.42	17.98	3.07	*0.00
Weighted Daily Average			667	39	923	4.34	2.73	418.1	1029	161	45.57	26.19	91.55	23.67	5.84	*0.00
% of Calories												15.7%	54.9%	31.9%	7.9%	*0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			100%				78%	146%	92%		304%	262%				
Shortfall							0.77		91					OVER		

<b>Wed - 02/29/2012</b>																
South Bay Elementary Lunch	Total	4														
TURKEY W/CHEESE SANDWICH	.5 EACH	2	148	25	458	0.60	1.53	78.6	67	21	0.0	11.04	13.85	5.09	2.25	*N/A*
CHICKEN RICE SOUP	1 CUP	4	112	14	205	0.48	1.04	23.0	25	5	1.68	6.69	16.77	1.71	0.45	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	4	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
Milk, variety	CUP	4	156	8	151	1.21	0.66	290.4	490	147	2.18	8.1	25.68	0.05	0.03	*0.00
PBJ	1 Each	1	543	0	535	5.25	3.05	105.5	0	0	1.86	17.86	51.02	29.7	5.76	*0.00
CORNDOG (TURKEY)	1 EACH	1	187	25	628	0.03	1.86	62.5	56	6	0.91	7.18	20.62	9.09	2.51	*0.00
Weighted Daily Average			564	41	880	4.62	3.84	403.3	1001	205	20.28	27.10	77.57	14.17	3.71	*0.00
% of Calories												19.2%	55.0%	22.6%	5.9%	*0.0%
Nutrient Guideline			664				3.50	286.00	1120		15.00	10.00		<=30.0	<10.00	
% of Guideline Satisfied			85%				110%	141%	89%		135%	271%				
Shortfall			100						119							

Weighted Average			665	43	905	*6.04	4.14	472.9	1483	242	25.95	29.30	98.36	17.92	4.68	*N/A*
												17.6%	59.2%	24.3%	6.3%	

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# South Bay USD

**Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values**  
 South Bay Elementary Lunch

**Jan 31, 2012**

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Nutrient	Menu AVG	Portion Size % of Cals	Plan Qty Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg) Error Messages (if any)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Calories	665		664	100%													
Cholesterol (mg)	43																
Sodium (mg)	905																
Fiber (g)	6.04					Missing											
Iron (mg)	4.14				3.50												
Calcium (mg)	472.9				286.00												
Vitamin A (IU)	1483				1120												
Vitamin A (RE)	242				224												
Vitamin C (mg)	25.95				15.00												
Protein (g)	29.30	17.63%			10.00												
Carbohydrate (g)	98.36	59.19%															
Total Fat (g)	17.92	24.27%	<=30.00%														
Saturated Fat (g)	4.68	6.33%	<10.00%														
Trans Fat (g)	*N/A*					Missing											

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