

South Bay USD

Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values
South Bay Elementary Breakfast

Jan 31, 2012

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/01/2012																
South Bay Elementary Break	Total	1														
BAGEL, PLAIN	SERVING	1	298	10	495	2.53	0.00	20.0	300	60	0.0	11.11	58.71	5.02	2.00	0.00
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
Cereal- ASST.	1 OZ	1	105	0	128	2.07	6.47	169.6	445	124	3.68	2.02	22.67	1.32	0.12	0.01
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average			622	34	882	5.91	6.76	707.3	1819	425	19.41	29.26	104.90	13.47	6.59	*0.01
% of Calories												18.8%	67.5%	19.5%	9.5%	*0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			125%				257%	330%	217%		170%	398%				

Thu - 02/02/2012																
South Bay Elementary Break	Total	1														
BISCUIT AND GRAVY	1 EACH	1	162	1	481	1.18	1.26	22.4	1	0	0.0	2.9	22.16	7.0	1.19	*N/A*
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average			480	25	895	3.52	5.74	594.0	1467	333	22.22	20.61	66.44	15.37	5.82	*0.00
% of Calories												17.2%	55.4%	28.8%	10.9%	*0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			96%				218%	277%	175%		194%	281%				
Shortfall			19												OVER	

Fri - 02/03/2012																
South Bay Elementary Break	Total	1														
WAFFLE STICKS	SERVINGS	1	158	7	316	1.42	1.32	20.2	612	122	0.0	2.87	27.28	3.59	0.72	*N/A*
SYRUP,PANCAKE	1 TBSP	1	46	0	16	0.00	0.01	0.6	0	0	0.0	0.0	12.06	0.0	0.00	*N/A*
YOGURT- TRIX	4 OZ	1	90	3	50	0.00	0.00	100.4	502	100	0.0	4.01	17.06	0.5	0.00	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			526	19	647	3.77	5.73	485.6	2434	502	22.22	17.24 13.1%	99.59 75.8%	6.79 11.6%	1.76 3.0%	*0.00 *0.0%
Nutrient Guideline % of Guideline Satisfied			498 106%				2.63 218%	214.29 227%	839 290%		11.43 194%	7.34 235%		<=30.0	<10.00	

Mon - 02/06/2012																
South Bay Elementary Break	Total	1														
PILLSBURY FRUDEL	1 EACH	1	210	0	280	2.00	1.08	0.0	0	0	0.0	5.0	36.0	6.0	1.50	0.00
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average % of Calories			527	24	694	4.34	5.56	571.7	1467	333	22.22	22.71 17.2%	80.28 60.9%	14.38 24.5%	6.13 10.5%	*0.00 *0.0%
Nutrient Guideline % of Guideline Satisfied			498 106%				2.63 211%	214.29 267%	839 175%		11.43 194%	7.34 309%		<=30.0	<10.00	
Shortfall															OVER	

Tue - 02/07/2012																
South Bay Elementary Break	Total	1														
BREAKFAST BURRITO	1 EA	1	230	75	468	1.00	1.80	65.0	247	49	7.0	9.0	27.0	9.0	1.93	*N/A*
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average % of Calories			547	99	882	3.35	6.28	636.7	1714	382	29.22	26.71 19.5%	71.28 52.1%	17.38 28.6%	6.56 10.8%	*0.00 *0.0%
Nutrient Guideline % of Guideline Satisfied			498 110%				2.63 239%	214.29 297%	839 204%		11.43 256%	7.34 364%		<=30.0	<10.00	
Shortfall															OVER	

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Wed - 02/08/2012																
South Bay Elementary Break	Total	1														
CHICKEN BISCUIT	1 EACH	1	278	45	646	1.45	2.23	37.1	101	20	0.0	15.17	17.97	15.77	3.87	*N/A*
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average			595	69	1060	3.79	6.71	608.8	1567	353	22.22	32.88	62.25	24.14	8.50	*0.00
% of Calories											22.1%		41.8%	36.5%	12.9%	*0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			119%				255%	284%	187%		194%	448%				
Shortfall														OVER	OVER	

Thu - 02/09/2012																
South Bay Elementary Break	Total	1														
BAGEL, PLAIN	SERVING	1	298	10	495	2.53	0.00	20.0	300	60	0.0	11.11	58.71	5.02	2.00	0.00
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
Cereal- ASST.	1 OZ	1	105	0	128	2.07	6.47	169.6	445	124	3.68	2.02	22.67	1.32	0.12	0.01
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average			622	34	882	5.91	6.76	707.3	1819	425	19.41	29.26	104.90	13.47	6.59	*0.01
% of Calories											18.8%		67.5%	19.5%	9.5%	*0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			125%				257%	330%	217%		170%	398%				

Fri - 02/10/2012																
South Bay Elementary Break	Total	1														
YOGURT PARFAIT	1 EACH	1	235	5	119	2.00	1.12	200.1	46	11	1.15	8.16	43.47	3.81	1.24	*N/A*
CRACKERS, GRAHAM	PKG	1	102	0	90	0.53	1.98	10.0	250	50	3.0	1.56	18.32	2.76	0.68	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Weighted Daily Average % of Calories			569	14	474	4.87	7.51	574.6	1616	340	26.37	20.08 14.1%	104.99 73.8%	9.27 14.7%	2.96 4.7%	*0.00 *0.0%
Nutrient Guideline % of Guideline Satisfied			498 114%				2.63 286%	214.29 268%	839 193%		11.43 231%	7.34 273%		<=30.0	<10.00	

Mon - 02/13/2012																
South Bay Elementary Break	Total	1														
BISCUIT AND GRAVY	1 EACH	1	162	1	481	1.18	1.26	22.4	1	0	0.0	2.9	22.16	7.0	1.19	*N/A*
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average % of Calories			480	25	895	3.52	5.74	594.0	1467	333	22.22	20.61 17.2%	66.44 55.4%	15.37 28.8%	5.82 10.9%	*0.00 *0.0%
Nutrient Guideline % of Guideline Satisfied			498 96%				2.63 218%	214.29 277%	839 175%		11.43 194%	7.34 281%		<=30.0	<10.00	
Shortfall			19												OVER	

Tue - 02/14/2012																
South Bay Elementary Break	Total	1														
FRENCH TOAST STICKS	1 SERVIN	1	377	145	876	1.95	3.91	189.4	331	96	0.53	13.1	56.82	10.8	2.71	*N/A*
SYRUP,PANCAKE	1 TBSP	1	46	0	16	0.00	0.01	0.6	0	0	0.0	0.0	12.06	0.0	0.00	*N/A*
YOGURT	4 OZ	1	100	4	50	0.00	0.00	100.4	502	100	0.0	3.01	20.07	0.5	0.50	0.00
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average % of Calories			755	158	1207	4.29	8.33	654.8	2153	475	22.75	26.46 14.0%	132.14 70.0%	13.99 16.7%	4.26 5.1%	*0.00 *0.0%
Nutrient Guideline % of Guideline Satisfied			498 152%				2.63 317%	214.29 306%	839 256%		11.43 199%	7.34 360%		<=30.0	<10.00	

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 02/15/2012																
South Bay Elementary Break	Total	1														
BAGEL, PLAIN	SERVING	1	298	10	495	2.53	0.00	20.0	300	60	0.0	11.11	58.71	5.02	2.00	0.00
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
Cereal- ASST.	1 OZ	1	105	0	128	2.07	6.47	169.6	445	124	3.68	2.02	22.67	1.32	0.12	0.01
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average			622	34	882	5.91	6.76	707.3	1819	425	19.41	29.26	104.90	13.47	6.59	*0.01
% of Calories												18.8%	67.5%	19.5%	9.5%	*0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			125%				257%	330%	217%		170%	398%				

Thu - 02/16/2012																
South Bay Elementary Break	Total	1														
PILLSBURY MINI CINNIS	PKG	1	240	0	300	2.00	1.44	20.0	0	0	0.0	5.0	40.0	7.0	2.00	0.00
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average			557	24	714	4.34	5.92	591.7	1467	333	22.22	22.71	84.28	15.37	6.63	*0.00
% of Calories												16.3%	60.5%	24.8%	10.7%	*0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			112%				225%	276%	175%		194%	309%				
Shortfall															OVER	

Fri - 02/17/2012																
South Bay Elementary Break	Total	1														
BREAKFAST BURRITO	1 EA	1	230	75	468	1.00	1.80	65.0	247	49	7.0	9.0	27.0	9.0	1.93	*N/A*
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*

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Weighted Daily Average			547	99	882	3.35	6.28	636.7	1714	382	29.22	26.71	71.28	17.38	6.56	*0.00
% of Calories												19.5%	52.1%	28.6%	10.8%	*0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			110%				239%	297%	204%		256%	364%				
Shortfall															OVER	

Mon - 02/20/2012																
South Bay Elementary Break	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			498				2.63	214.29	839		11.43	7.34		OVER	OVER	

Tue - 02/21/2012																
South Bay Elementary Break	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			498				2.63	214.29	839		11.43	7.34		OVER	OVER	

Wed - 02/22/2012																
South Bay Elementary Break	Total	1														
NO SCHOOL TODAY	SERVING	1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
% of Calories												0.0%	0.0%	0.0%	0.0%	0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			0%				0%	0%	0%		0%	0%				
Shortfall			498				2.63	214.29	839		11.43	7.34		OVER	OVER	

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Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values South Bay Elementary Breakfast

	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 02/23/2012																
South Bay Elementary Break NO SCHOOL TODAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline % of Guideline Satisfied			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
Shortfall			498				2.63	214.29	839		11.43	7.34		OVER	OVER	

Fri - 02/24/2012																
South Bay Elementary Break NO SCHOOL TODAY	Total SERVING	1 1	0	0	0	0.00	0.00	0.0	0	0	0.0	0.0	0.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			0	0	0	0.00	0.00	0.0	0	0	0.00	0.00	0.00	0.00	0.00	0.00
Nutrient Guideline % of Guideline Satisfied			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
Shortfall			498				2.63	214.29	839		11.43	7.34		OVER	OVER	

Mon - 02/27/2012																
South Bay Elementary Break PANCAKES, HEAT & SERVE SYRUP, PANCAKE YOGURT FRUIT, FRESH ASSORTED CEREAL, VARIETY MILK, BREAKFAST VARIETY	Total 2 PC 1 TBSP 4 OZ 1 EACH 1 EACH 8 fl oz	1 1 1 1 1 1 1	185 46 100 40 99 93	15 0 4 0 0 9	414 16 50 4 155 105	1.97 0.00 0.00 1.31 1.03 0.00	1.80 0.01 0.00 0.15 4.18 0.07	58.2 0.6 100.4 8.6 54.0 301.8	177 0 502 439 392 489	24 0 100 41 92 147	0.25 0.0 0.0 15.73 6.5 0.0	4.37 0.0 3.01 0.53 1.59 8.24	32.22 12.06 20.07 10.28 20.76 12.16	4.24 0.0 0.5 0.17 1.24 1.28	0.66 0.00 0.50 0.04 0.16 0.84	*N/A* *N/A* 0.00 *N/A* *0.00 *N/A*
Weighted Daily Average % of Calories			563	27	745	4.31	6.21	523.6	1999	403	22.47	17.73	107.54	7.44	2.21	*0.00
Nutrient Guideline % of Guideline Satisfied			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
			113%				236%	244%	238%		197%	242%				

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Feb 1, 2012 thru Feb 29, 2012 Spreadsheet - Portion Values South Bay Elementary Breakfast

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	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 02/28/2012																
South Bay Elementary Break	Total	1														
BISCUIT AND GRAVY	1 EACH	1	162	1	481	1.18	1.26	22.4	1	0	0.0	2.9	22.16	7.0	1.19	*N/A*
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
CEREAL,VARIETY	1 EACH	1	99	0	155	1.03	4.18	54.0	392	92	6.5	1.59	20.76	1.24	0.16	*0.00
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average			480	25	895	3.52	5.74	594.0	1467	333	22.22	20.61	66.44	15.37	5.82	*0.00
% of Calories											17.2%		55.4%	28.8%	10.9%	*0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			96%				218%	277%	175%		194%	281%				
Shortfall			19													OVER

Wed - 02/29/2012																
South Bay Elementary Break	Total	1														
BAGEL, PLAIN	SERVING	1	298	10	495	2.53	0.00	20.0	300	60	0.0	11.11	58.71	5.02	2.00	0.00
STRING CHEESE	1 EA	1	86	15	150	0.00	0.07	207.2	147	54	0.0	7.36	1.09	5.68	3.59	*N/A*
Cereal- ASST.	1 OZ	1	105	0	128	2.07	6.47	169.6	445	124	3.68	2.02	22.67	1.32	0.12	0.01
FRUIT,FRESH ASSORTED	1 EACH	1	40	0	4	1.31	0.15	8.6	439	41	15.73	0.53	10.28	0.17	0.04	*N/A*
MILK, BREAKFAST VARIETY	8 fl oz	1	93	9	105	0.00	0.07	301.8	489	147	0.0	8.24	12.16	1.28	0.84	*N/A*
Weighted Daily Average			622	34	882	5.91	6.76	707.3	1819	425	19.41	29.26	104.90	13.47	6.59	*0.01
% of Calories											18.8%		67.5%	19.5%	9.5%	*0.0%
Nutrient Guideline			498				2.63	214.29	839		11.43	7.34		<=30.0	<10.00	
% of Guideline Satisfied			125%				257%	330%	217%		170%	398%				

Weighted Average			570	46	845	4.41	6.42	618.5	1738	388	22.70	24.51	89.54	14.13	5.59	*0.00
											17.2%		62.9%	22.3%	8.8%	*0.0%

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South Bay Elementary Breakfast

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Nutrient	Menu AVG	Portion Size	Plan Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-A (RE)	Vit-C (mg)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Target	% of Target	Miss Data	Shortfall	Error Messages (if any)										
Calories	570		498	114%													
Cholesterol (mg)	46																
Sodium (mg)	845																
Fiber (g)	4.41																
Iron (mg)	6.42		2.63	244%													
Calcium (mg)	618.5		214.29	289%													
Vitamin A (IU)	1738		839	207%													
Vitamin A (RE)	388		168	231%													
Vitamin C (mg)	22.70		11.43	199%													
Protein (g)	24.51	17.21%	7.34	334%													
Carbohydrate (g)	89.54	62.88%															
Total Fat (g)	14.13	22.33%	<=30.00%														
Saturated Fat (g)	5.59	8.83%	<10.00%														
Trans Fat (g)	0.00	0.00%			Missing												

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